The Lord wants you to experience real and abundant life:

Rom. 8:1-4 Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death. For what the law was powerless to do because it was weakened by the flesh, God did by sending His own Son in the likeness of sinful flesh to be a sin offering. And so He condemned sin in the flesh, in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit. (NIV)

I love the concept of Paul's statement: *there is now no condemnation for those who are in Christ Jesus*. Since God the Father does not condemn Jesus, neither can the Father condemn those who are *in* Jesus. We are covered. We have been set free from the law of sin and death. Just meditate on that for a few moments. In this section, we start to see a principle of *walking in the Spirit*. We can now live according to the Spirit. But what does that mean? I believe this shows us four aspects of walking in the Spirit. First of all, we can now recognize the Spirit's promptings. He is constantly speaking to us, and we now have the capability to hear Him. We have a new heart and a new mind. We hear Him through His Word, through prayer, through circumstances He brings into our lives and through the fellowship of believers.

**Secondly**, we can now respond to His promptings. Someone once mad these two very revealing statements: You will not hear from God in regard to the 'unknowns' of His will until you are obeying Him in the 'knowns' of His will. And, you will not know God's will regarding the 'big issues' of your life until you are obeying Him in the 'small issues' of your life.

**Thirdly**, we must rely on the Holy Spirit's provisions. We live not in the flesh, but in the power of the Holy Spirit. He is the One Who gives us what we need to be able to live in Him. Without Him, we would have no hope and we would be floundering in a lost world. He fills us with the fruit of the Holy Spirit.

**Lastly,** we can reap the Holy Spirit's productivity in our lives. These are: victory over sin and the flesh. A life of living with the fruit He has given us. Peace and confidence in a world that has neither. And a visible and verbal witness of the Savior.

Dear LORD, help us to walk in the Spirit continuously. We cannot afford to do less. The things of this world will try to lure us away, so help us stay focused on You alone. In Jesus Name, Amen